

Dragon along...

Members of Team Beale carry Lung Huang, the Bok Kai dragon, in the Marysville Bok Kai parade Saturday. The annual parade celebrates the Chinese water god, Bok Eye, and the historic Chinese community in Marysville. (*Courtesy photo*)

Chaplain assistant receives ACC award

By Airman Robert Biermann 9th RW Public Affairs

One of Beale's own received the Charles R. Meier, Outstanding Chaplain Assistant NCO of the Year Award, after Air Force officials announced the winners Feb. 25.

Tech. Sgt. Greg Volkman, 9th Reconnaissance Wing Chapel NCO-in-charge, received the award for his outstanding individual and organizational performance within the chaplain service.

"I was happy to be selected to represent ACC at the Air Force level," Sergeant Volkman said.

As a Chaplain Assistant, Sergeant Volkman supports chaplains of all faiths and their congregations.

"I enjoy helping others," Sergeant Volkman said. "This job allows me to do that."

"Sergeant Volkman excels head and shoulders above his peers," said Chaplain (Lt. Col.) Jimmy Browning, 9th RW. "He is the best of 27 assistants I've had during my 17 years in the Air Force."

Sergeant Volkman was recently deployed to Ali Air Base, Iraq, from January to May 2005 where he dedicated himself to becoming a better chaplain's assistant.

"I worked very hard while deployed to be approachable; we wanted the troops to know that if they needed help we were there for them," Sergeant Volkman said. "We were out among them; we didn't wait for them to come to us. It makes it easier to communicate with others and that's what the job is mainly about, communicating a message."

Sergeant Volkman had to compete with chaplain assistants at all Air Combat Command bases to receive the award.

There were many factors such as outstanding leadership and job performance, significant self improvement, base and community involvement and compliance with standards that weighed on the officials' decisions.

"His boundless energy, wisdom and insight pull others along," Chaplain Browning said. "He was a key player while deployed in support of Operation Iraqi Freedom, who enabled ministry and nurtured spiritual fitness."

In 2003 Sergeant Volkman was nominated for the same award while stationed at the Air Force Academy.

"It was an honor to represent the see CHAPLAIN, page 3

CANG talks total force at leadership planning offsite

By Airman 1st Class George Cloutier 9th RW Public Affairs

The California Air National Guard holds an executive leadership strategic planning offsite at Beale starting Monday and going through March 17.

"The meeting is to integrate our different components or major elements of the Guard," said Fritz Krauss, director J-5 California military dept. "We're also looking to specifically define the emerging mission, identify core competencies and determine what our goals are going to be over the next several years."

The coordination efforts being discussed throughout the meeting are part of the emerging total force which will integrate Guard, Reserve and active duty components of the Air Force.

"The Department of Defense has recognized, as part of total force, a

need to increase response to homeland security type scenarios," Mr. Krauss said. "This is our opportunity to improve our ability to help citizens of California to respond to any type of disaster."

In pursuit of their mission to protect California's citizens, the CNG will be going through many internal changes, some of which will be discussed at the meeting as well.

"Our HQ is in the process of

adding a whole new mission to what we have done," said Mr. Krauss. "We have always been HQ for Army and Air Force, now adding command and control of any DOD response for any emergency in California."

Part of the meeting will also be concentrating on how to develop tighter bonds between California military installations and Guard and Reserve components.

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OPEN LINE



The Open Line is your direct line to the 9th Reconnaissance Wing commander. The Open Line is used to ask questions, make suggestions, or give thanks for a job well done. The most efficient way to solve an issue is to work through the relevant office and use the chain of command. If you are unable to resolve the issue, or are not satisfied with the response, call the Open Line. If

you would like to receive a response, leave your name and phone number with your message. Open Lines of general interest will be published in the High Flyer; others will be answered by letter, phone or in person.

Open Line number: 634-8888
Open Line e-mail: 9RWPA@beale.af.mil

Brig. Gen. Lawrence Wells speaks to JROTC cadets from a local high school during the Marysville Bok Kai parade. (Courtesy photo)

Women: Building communities, dreams

By Airman 1st Class Kara Torres 1st Operations Support Group

LANGLEY AIR FORCE BASE, Va. — Since the beginning of time, women have played an important role in human existence. We are daughters, sisters, wives, mothers, grandmothers, aunts, mentors and teachers.

Mothers can magically heal a "booboo" with a kiss and a bandage; they say the right things to mend a broken heart or provide a hug or a shoulder to cry on.

But women are not only emotional, loving creatures.

When American Soldiers were sent to the world's aid in World War I, women stepped up to the plate to take care of America, rear children, take care of the home — all while manufacturing and shipping desperately needed items for the war.

Passionate women have also disguised themselves as men in order to be a part of worthy causes, such as Joan of Arc during the French Revolution or Sarah Emma Edmonds (aka Frank Thompson) in the American Civil War.

History is loaded with headlines regarding women making a difference in the world and leaving their mark in the hearts of people forever. My focus is on

the Air Force, where many firsts have been recorded in history. According to the March 2002 issue of Airman magazine, the following women made great strides:

- First woman to cross Atlantic Ocean solo (1932), Amelia Earhart
- First woman in the Air Force (1948), Staff Sgt. Esther McGowin Blake
- First woman to break the sound barrier (1953), Jacqueline Cochran
- First female chief master sergeant (1960), Chief Master Sgt. Leslie Mc-Gowan
- First female promoted to general (1971), Brig. Gen. Jeanne Holm
- First female chaplain (1973), 1st Lt. Lorraine Potter
- First female test pilot (1974), Capt. Leslie H. Kenne
- Women became Basic Military Training Instructors (1975)
- First female Air Force Academy cadet (1976), Joan Olsen
- First women (10) graduate Air Force Undergraduate Pilot Training, Williams Air Force Base, Ariz. (1977)
- First Hispanic female graduates AF Academy (1980), Linda Garcia Cubero
- First secretary of the Air Force (1993), Sheila Widnall
 - First female to fly combat missions

(1995), Capt. Martha McSally

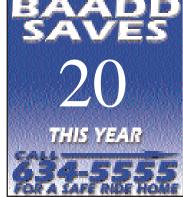
- First female space shuttle commander (1999), Col. Eileen Collins
- First female sniper school graduate (2001), Senior Airman Jennifer Donaldson
- First female Aerial Gunner (2003), Airman 1st Class Vanessa Dobos
- First female Thunderbird pilot (2006), Capt. Nicole Malachowski

Women need not only be recognized and honored for firsts, but should also be commended for their continuing bravery and courage and leadership.

Recently in Iraq, four women helped save a convoy. In another part of Iraq, Capt. LeeAnn Roberts, a coalition military assistance training team leader is the only female out of the 8,000 or so on this particular base. Her job is to train Iraqi recruits to protect their own country.

It's amazing how far humans have come since the beginning of time, yet we still have so far to go. I doubt there will ever be a day when there will no longer be a "first" record, regardless of age, gender, religion, race or ethnicity. So I encourage each and everyone of you — man or woman, young or old — to strive for your dreams, accomplish your goals and be builders of communities and dreams!

| Sortie Update | | | | | |
|----------------|------------------|---|--|--|--|
| 1st RS 99th RS | | | | | |
| U-2 | T-38 | U-2 | | | |
| 72 | 262 | 129 | | | |
| 65 | 255 | 126 | | | |
| 1 | 28 | 11 | | | |
| | 1st U-2 72 | of Feb. 1st RS U-2 T-38 72 262 65 255 | | | |





HIGH FLYER

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"It's also part of being better linked to other installations in our area," said Mr. Krauss. "As we convert to Total Force, we need to know how to better cooperate with Beale. This is going to open the door to what we can offer to leverage what Beale has."

Some degree of cooperation is already taking place. Recently, for the first time ever Active Duty, Guard and Reserve Airmen have come together in the Global Hawk

program. The California Air National Guard also provides air support for the survival training received by Beale pilots

Among the attendants of the meeting will be Maj. Gen. William Wade, Adjutant General of the California National Guard, Maj. Gen. Jeffrey Gidley, commander of the California Army National Guard and Brig. Gen. Dennis Lucas, commander of the California Air National Guard.

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Academy as a Direct Reporting Unit, being selected from the top-notch individuals serving there," Sergeant Volkman said.

Sergeant Volkman will soon discover if he has received the Air Force Chaplain Assistant Outstanding NCO of the Year Award where he is racked and stacked among all Air Force chaplain's assistants.

"I just love being able to help people," Sergeant Volkman said. "Each time a person walks through the door it may be the most important thing in their life that they are bringing to us, sometimes life or death. That is why we are here. The award is just icing on the cake."



Tech. Sgt. Greg Volkman, 9th Reconnaissance Wing Chapel NCO-in-charge, participates in a local outreach mission to Bedouin camps in southern Iraq outside An Nasiriyah where close to 4,000 pounds of supplies were distributed to four different camps. (Courtesy photo)





Professional organizations cement traditions

By Chief Master Sgt. Arvin Davis 9th RW command chief master sergeant

AFI 36-2618, *The Enlisted Force Structure*, describes where we need to go as enlisted warriors.

This week, let's talk professional organization support. The Top 3, Air Force Sergeants Association, the NCO Association and Beale 56 are the ones that come to mind.

The AFI states, "Promote organizational esprit de corps and foster good community relations by supporting professional organizations as well as unit, base and Air Force events. Also, encourage subordinates to do the same."

In fact, in some recent numbers for AFSA, only 60 senior NCOs (master sergeants through chief master sergeants) are members. This is an enlisted organization, as with our others, that

promotes enlisted concerns to enhance our quality of life and preservation of entitlements. How can we not be members?

Things don't just happen; it takes independent voices attacking issues.

Beale 56 has to beg for participation. Why? You don't have time? I've always viewed our Air Force as more than just a job. We set the wrong precedent when we modify our view as simply coming to work and going home. These organizations make us who we are; it cements our traditions and character as a corps.

Supervisors, I need each of you to review your responsibilities, which include far more than our Air Force being a paycheck. Let's not turn around and see everything we worked so hard for over the last few decades disappear because we weren't paying attention. Until next time, One Team...One Fight!

WARRIOR SPOTLIGHT

Tech. Sgt. Thomas Polen

<u>Unit:</u> 9th Logistics Readiness Squadron

Job: Logistics Plans NCO-incharge

Hometown: Malden, Mo.

Air Force goals: To study and further myself by eventually progressing through the ranks to make chief master sergeant before I retire

Time in the Air Force: 18 years Hobbies: Wood working, brewing beer, computer games and spending time with my family The thing I like best about Beale AFB: The things I like best are the remoteness of the community and the personal relationships that I have established.



Tech. Sgt. Thomas Polen gives a deployment process briefing to the Logistics Readiness staff. (Photo by Airman 1st Class George Cloutier)

4 NEWS March 10, 2006

Rules of PDA use important to consider

By the 9th Communications Squadron

Use of personal digital assistants within the Air Force has increased significantly over the past several years.

These types of devices offer personal productivity enhancement, particularly by making certain features of the desktop environment (e.g., contacts, notes, appointments, and Email) portable. However, depending on the product and features available, these devices also introduce security risks to our network.

Connecting privately owned PDAs to the base network is strongly discouraged. If individuals have a requirement to use a PDA on an Air Force network, they must request issuance of a government-owned PDA from their unit.

Privately owned PDAs are not authorized to be connected to the base network without sufficient justification and approval from higher headquarters. Justification must include mission requirements, government availability, and rationale of how duty position will be enhanced through the use of a personal PDA.

All PDAs on Beale, regardless of ownership and regardless of network connections, must have a signed PDA User Agreement on file with the PDA users' Information Systems Security Officer and a copy must be forwarded to the Wing Information Assurance Office. A sample copy of a PDA User Agreement can be found at https://wwwmil.beale.af.mil/9CS/IA/default.asp.

Here are a few "Dos and

Don'ts" to keep in mind when using PDAs:

DO:

- * Maintain a password on the PDA according to the system security policy
- * Use the PDA to process only unclassified, non-Privacy Act information
- * Maintain the same antivirus software, personal firewall software, security standards, and other operational requirements as government-issued PDAs
- * Delete sensitive information on the PDA when no longer needed
- * Disable wireless connectivity function prior to connecting the PDA to the network (an exception is Blackberries)
- * Turn off the PDA when not in use
- * Only connect to the network or system approved by the DAA

DON'T:

- * Use the PDA for classified information
- * Bring the PDA within six feet of a classified system
- * Use wireless features of any kind
- * Connect or subscribe to commercial Internet service provider for official e-mail services
- * Download or load freeware/shareware enhancements
- * Synchronize files or devices across the network
- * Disable password protection features of the PDA

AF policy governing PDA usage is outlined in AFI 33-202 v1, Network and Computer Security. For more information, contact your ISSO or WIAO.

Arrive alive.

Call BAADD for a safe ride home.

634-5555



That takes the cake!

Brig. Gen. Lawrence Wells and his wife, Kathy, cut a cake to kick off Women's History Month at the Base Exchange on March 3. Other events are also planned for this month. A Walk in Women's History is scheduled for Wednesday starting at noon at the Golf Course walking trail. Participants are invited to walk the trail and view the displays on Women's History. For more information, call Capt. Jacqueline Sukhlall at 634-5188. The Women's History Month Observance Luncheon is scheduled for March 24 at 11:30 a.m. in the Recce Point Club. Sign ups will be taken with first sergeants. RSVP by March 20 to attend. For more information, call Debbie Chase at 634-4114 or Lisa Greene at 634-3104. (*Photo by Airman 1st Class Christine Byers*)

9th MDG offers additional shuttle service for patients

By 9th Medical Group

The 9th Medical Group now offers both a morning and afternoon government vehicle shuttle service between Beale and David Grant Medical Center at Travis Air Force Base for medical appointments.

The shuttle operates as needed Mondays through Fridays, except for holidays and down days. This expanded shuttle service is intended to improve customer service and decrease wait time for members.

The purpose of the extra shuttle is to ensure patients wait no more than two hours at Travis. For example, if one patient has an appointment at 8 a.m. and other patients are scheduled for 11 a.m., a second shuttle will be provided to alleviate the long wait.

The shuttle is intended for active-duty

members. However, family members and retirees with medical appointments at Travis are welcome to use the shuttle on a space-available basis.

Active-duty members must have a GOV license to operate the shuttle. GOV licenses are available through a member's orderly room

To reserve a seat in the shuttle, or receive travel reimbursement if the shuttle is not available, the patient must call the 9th Medical Group Patient Administration office at 634-4001 no later than two duty days prior to departure.

To cancel a vehicle that has already be scheduled, contact Vehicle Dispatch at 634-5832. For questions or more information on the new shuttle service, call Patient Administration at 634-4001.

Community Briefs

Deadline for High Flyer submissions

The deadline for submissions to the High Flyer is Friday the week prior to the desired publication date. Submissions are printed based on a space available basis.

Any submissions submitted after the deadline will not be published until the next week. News briefs will run for no more than three consecutive weeks. For questions or more information, call 634-8887.

Chapel job openings

The Chapel has openings for the following positions: Pianist for the Protestant Praise service and two openings for child care providers. For more information, call Tech. Sgt. Greg Volkman or Ch. (Maj.) Linda Olson at 634-4701.

TAP workshop

The next transition assistance program workshop is scheduled for April 3 through 7, Monday from 8:30 a.m. to 4 p.m. and Tuesday through Friday from 8 a.m. to 4 p.m. to help members make a smooth transition into the civilian community and find employment faster.

Members who are separating must have completed this mandatory preseparation briefing. A draft resume is needed. Learn about VA benefits and have your medical record reviewed. For more information, call the FSC at 634-2863.

E-TAP workshop

This TAP seminar is open to senior enlisted (E-7 to E-9) and officers (O3 and above). Spouses can register and attend with military member. This workshop focuses on positions with higher level of responsibility and has medical record review plus VA benefits. For more information, call the FSC at 634-2863.

Air Force Sergeants Association

The next AFSA meeting is scheduled for March 15 at 3 p.m. at the Rhino Room in the Civil Engineer building. For more information, call Tech. Sgt. Charles McCoy at 634-2018.

Defense positions available

The Department of Defense has allocated a minimum of two Air Force nominees to participate in the 2006 executive leadership development program, scheduled to begin in September

This program is designed specifically for highly motivated, active-duty officers who have demonstrated outstanding leadership ability, commitment to public service, integrity, and who have an interest in moving into senior management positions. While placed in simulated environments, these officers must be able to operate in real-life situations which involve short deadlines, be receptive to a unique training methodology whereby the participants assume responsibility for their learning, and have the ability

to conceptualize and analyze problems effectively.

To be eligible, an officer must be in the grade of major and have completed squadron officer school, intermediate developmental education, either in-residence or by correspondence/seminar and successfully occupied a flight or above command position. Apply to AFPC no later than March 31. Contact your MPF customer service element for further questions on program applications.

General Arnold Education grant

Anyone who has applied for the Air Force Aid Society General Arnold Education grant, by return mail may have gotten a packet with something called a Family Financial Data Form. It is a supplemental form seeking specific financial information and a grade point average verification form. Please do not neglect to fill these out; it is part 2 of the application. Complete both forms and mail them in right away. The receipt deadline is April 15. For more information, call the Family Support Center at 634-2863.

CPR class

The 9th Medical Group will be sponsoring an Infant and Child CPR class on March 29 for anyone wishing to learn the skills of CPR and relief of airway obstruction. The class will be held in the clinic in the Clinic Conference Room from 5 to 7 p.m. Space is

limited. Those who attend will receive a certificate of completion at the end of the class. For more information or to sign up, email Capt. Leah Holland at leah.holland@beale.af.mil.

Air Force OSI seeks new special agents

Headquarters Air Force Office of Special Investigations recruiters will conduct a briefing for military members looking to crosstrain into the OSI career field at Beale on Monday at 8 a.m. There will be scheduled interviews Tuesday from 8 to 10 a.m. Interested individuals who attend the Monday briefing need to bring a Records Review RIP with them. A RIP can be requested from unit orderly rooms.

Every special agent is a volunteer. They're members of a highly-trained team that investigates crimes against persons and property, defeats and deters base-level and contract fraud and combats threats to our information systems and technologies.

Senior airmen with less than six years time in service, staff sergeants through master sergeants with outstanding records and fewer than 12 years of military service are eligible. Security forces members in the grades of staff sergeant select through master sergeant are eligible. Senior airmen must be in their cross training window - 35 to 43 month for four-year enlistees and 59 to 67 month for six-year enlistees. Members must have at least 18

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months time-on-station, which is waiverable.

Officers must have less than 12 years Total Active Federal Military Service and less than six years Total Active Federal Commission Service to apply. AFPC must agree to release officer applicants in order to apply. More information can be found at http://afas.afpc.randolph. af.mil/osi/crossflow.htm. For more information, visit AFOSI Web site at http://public.afosi.amc.af.mil.

Project officer needed

A project officer is needed to plan an observance for Asian Pacific American Heritage Month from May 1 to May 31. This month commemorates the contributions Asian Pacific Americans have made to our society. Any enlisted, officer or civilian personnel interested must apply before April 1 at Military Equal Opportunity in Bldg. 2179. For more information, call MEO at 634-2077.

2006 Softball season tryouts

For those interested in playing for the Varsity Softball Team, tryouts will be held today from 4 to 6 p.m. and Saturday from 10 a.m. to 1 p.m. For more information, call Lt. James Steger at 634-5053 or Tech. Sgt. James Kasch at 634-5499.

Best of the Best from Air Force Families Cookbook

Quail Ridge Press is collecting recipes from military families to create a recipe book. Anyone who is or was in the Air Force is eligible to submit their favorite recipe(s). The final chosen recipes will be included in *Best of the Best from Air Force Families Cookbook*, to be published in the fall of 2007.

Each recipe contributed to the book will feature name beneath the recipe, city and state, as well as relationship to the Air Force. Be sure to include all of this information, along with your phone or email address. The deadline for submitting recipes is May 31.

For more information, call Karen Tosten at (757) 867-8916. To submit a recipe mail, fax or email to Karen Tosten, 122 Hedgerow Lane, Yorktown, VA 23693 or e-mail ktosten@cox.net.

Retiree Information desk volunteers needed

The Retiree Information desk in the lobby of the clinic is in desperate need of two or three people for three-hour shifts from 9 a.m. to 12 p.m., Monday to Friday. Any adult with an ID card is qualified. For more information leave a not in the clinic lobby or call John Lanigan at 821-0529.

February 90's club

The following Airmen scored a 90 percent or higher on their end of course exams:

| Staff Sgt. Jesus Torres | 92 |
|------------------------------|----|
| Staff Sgt. Edward Connell | 92 |
| Staff Sgt. Lawrence Ricks | 92 |
| Senior Airman Norman Thiem | 92 |
| Senior Airman Therese Oswalt | 90 |
| Senior Airman Joseph Smith | 90 |
| | |

Women's History Month Observance Luncheon

A Women's History luncheon is scheduled for March 24 at 11:30 a.m. at the Recce Point Club. Sign-ups will be taken by first sergeants with a deadline of March 20. For more information, call Debbie Chase, Federal Women's program manager, at 634-4114

Walk Back-In-Time

A "Walk Back-In-Time" is scheduled for Wednesday at 12 p.m. The walk will begin at the Golf Course and follow the bike trail.

All team Beale members, family, friends, retirees and distinguished guests are invited to view the displays and educate themselves on women's history. Alternate date in case of rain is March 22.

For more information, call Capt.

Jacqueline Sukhlall 634-5188.

Training

The 9th Support Division will be conducting Block I General Supply, IIA Bench Stock and IIB Repair Cycle training on Apr. 11 from 8 to 10 a.m., in Building 1086, room 527.

For issues concerning zero-over-pricing, bench stock, equipment, research, records maintenance, Smart card, etc., call Mike Garcia at 634-4661, Robert Griffin at 634-9496 or Debbie Schweitz 634-2453 for assistance. Block III equipment custodian training is now done online at https://online.aft.edu/msg members need to enroll for equipment custodian training, if deploying as an equipment custodian member they will also need to take the deployed custodian training on the same Web site.

Basic investments and mutual funds

The Family Support Center is holding a basic investments and mutual funds class Thursday from 5 to 7 p.m. to teach members about how investing can help establish a secure future. Learn about the various investment vehicles, risk assessment and basic investment strategies.

Attendees will also learn pros versus

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cons of various types of mutual funds; how to evaluate funds and how to compare and select investments. For more information, call the FSC at 634-2863.

Home Buying Seminar

The FSC is holding a home buying seminar on March 22 from 6 to 7:30 p.m.

Attendees can learn about advantages and disadvantages of home ownership, real estate agents, commissions, Veteran's Administration, Federal Housing Act, conventional and adjustable rate mortgages, mortgage insurance premiums, private mortgage insurance, down payments, property taxes, closing costs, discount points and much more. For more information, call the FSC at 634-2863.

Resume Workshop

The FSC is holding a resume workshop Tuesday from 9 a.m. to 12 p.m. to help members learn how to write effective resumes.

For more information, call the FSC at 634-2863.

Bundles for Babies

The FSC is holding a Bundles for Babies class on March 23 from 5 to 6:30 p.m. Any military member about to have a new baby is invited. Instruction includes tips on prenatal care, what to expect when expecting, financial changes and planning, avoiding fraud targeting new parents and coping with stresses of new parenthood. Students also receive the book, "Your Baby's First Year" and a special gift package with baby blankets, a crib sheet, diapers, outfits, a growth chart and more. For more information, call the FSC at 634-2863.

Temporary identification card service outage

The 9th Support Division Administration Support Flight's Customer Service Element will undergo maintenance on March 21 between 7:30 a.m. and 1 p.m. During this period ID card services will not be available. All other services within the flight will be available. For more information, call 634-3187 or 634-5134.

Airman's Attic

The Airman's Attic is open to assist airmen basic to staff sergeants who are new to Team Beale or have unexpected family situations that arise, free of charge. Stop by 5114-A Tern Court (near the housing fire station) and see what they have to offer. The Attic is open Mondays and Wednesdays from 10 a.m. to 1 p.m. and Fridays from 10 a.m. to 4 p.m.

For emergencies, the Attic is available after hours through the unit first sergeants. Military ID cards are required at check in. Donations and volunteers are always needed. For more information, call 788-2993.

USDA food pickup

The USDA Food Pickup is held the last Friday of every month for Beale housing residents. All pickups are at the Foothills Chapel in base housing. Pickup times are from 10 a.m. to 2 p.m. For information, call 634-5938.

Finance Office closure

The Finance Office will be closing at noon today for an official function.

For any finance emergencies, contact the 24-hour hotline at 713-0333.

Education Center

The Beale Training and Education Center offers an extensive array of onbase programs. The center is open Monday through Friday from 7:30 a.m. until 4:30 p.m. Call 634-2525 for more information or to schedule an appointment with a counselor.

Pediatrics now accepting new enrollments

The Pediatrics department now has enrollment openings for children. Enrollment is now open to children from birth to 16 years of age. Additionally, children with chronic medical conditions such as diabetes, asthma, developmental delays, ADHD or behavioral issues should be cared for by a pediatrician.

Stop by the Beale Clinic TRICARE Service Center to enroll. For more information, call Mr. Michael Smith or the Beneficiary Counselor and Coordinator at 634-4817.

8 CHURCH March 10, 2006

Foothills Chapel

15001 Camp Beale Highway
(Family housing area)
Protestant "Praise" worship service
Sundays, 9 a.m.
(includes "Parents' Nursery" and
children's church)
Catholic Mass
Sundays, 10:30 a.m. and 5 p.m.
Catholic Reconciliation
Sundays, 10 a.m. and 4 p.m.
Catholic daily Mass
Mondays through Fridays, 11:30 a.m.

Valley Chapel

6199 C St. (Main base)
Islamic worship
Every other Friday, 1 p.m.
Gospel Protestant worship service
Sundays, 11 a.m.
(includes children's church)

Protestant Programs: Sunday School (10:30 a.m.) at Lone Tree Elementary. AWANA on Mondays and JV-Varsity on Tuesdays, 6-8 p.m. at Foothills Chapel. Protestant Youth meets Tuesdays at 5:30 p.m. at the Valley Chapel and Sundays at 6:30 p.m. at Foothills Chapel.

Protestant Bible Study Groups: Men - Second & fourth Sunday, Valley, 5 p.m. and Wednesday, Valley, 7 p.m. Women - Tuesday, 9-11 a.m. Foothills (children welcome) Thursday, 6:45 to 8 p.m., Valley.

Catholic Programs: Religious Education - preschool-12, Sundays 9 a.m. at Lone Tree Elementary School. RCIA, Catholic Youth, CWOC, CMOC and Adult Bible Study call Leila at 634-4707.

MOPS (Mothers of Preschoolers): Second & fourth Thursdays at Foothills Chapel.

Questions concerning marriages, baptisms, choirs, Navigators, and Officer Christian Fellowship can be directed to the chapel staff at 634-4701.

Beale Bijou

634-2521



Friday evening
Big Momma's
House 2
(PG-13)

Martin Lawrence, Nia Long

The continuing adventures of master-of-disguise FBI special agent Malcolm Turner. This time he must go undercover as Big Momma to nail his ex-partner's murderer. While undercover in the house of the suspected criminal, Malcolm grows attached to the suspect's three children.



Saturday matinee Garfield: The Movie (PG)

Jennifer Love Hewitt, Breckin Meyer

Garfield's owner, Jon, takes in sweet but dimwitted pooch Odie, turning Garfield's perfect world upside down. Now, Garfield wants only one thing: Odie out of his home and life! But when the hapless pup disappears and is kidnapped by a nasty dog trainer, Garfield, maybe for the first time in his life, feels responsible. Pulling himself away from the TV, Garfield springs into action.



Saturday evening
Big Momma's
House 2
(PG-13)



Wednesday 6 p.m. Glory Road (PG)

Josh Lucas, Derek Luke

The inspiring true story of the underdog Texas Western basketball team, with history's first all African American starting lineup of players, who took the country by storm, surprisingly winning the 1966

NCAA tournament title. Josh Lucas stars as Hall of Famer Don Haskins, the passionately dedicated college basketball coach that changed the history of basketball with his team's victory in this time.

Matinees play at 1 p.m.
Evening movies play at 7:30 p.m.
unless otherwise specified.
The cost is \$3.50 for adults & \$1.75 for children.

Senior master sergeant selectees

The following master sergeants were selected for promotion to senior master sergeants:

Darren Rector

9th Munitions Squadron

Ruth Haynesworth

9th Mission Support Squadron

Robbin Freeberg

9th Civil Engineer Squadron

John Morris, Jr.

9th Reconnaissance Wing

Monica Hill

9th Operations Support Squadron

Kyle Rider

9th Operations Group

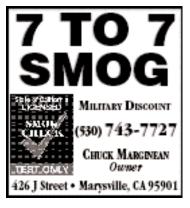
Aundre Gibson

48th Intelligence Squadron

Russell Sneed

9th Medical Support Squadron

Congratulations!





HIGH FLYER SPORTS March 10, 2006

MXS serves up close call in basketball game

By Airman 1st Class George Cloutier 9th RW Public Affairs

The 9th Maintenance Squadron intramural basketball Team A played the 9th MXS Team B in a close and intense game Monday night at the Harris Fitness Center.

From the get go, each team held their ground, neither developing a definitive lead.

March Seregon lead Team B in the first half, scoring a total of 11 points with 3 two pointers, 1 three pointer and two free throws.

Fierce offense was also shown by Jason Sikorski, who scored eight points in the first quarter, but also managed to rack up three personal

Team A never let up to Team B's fierce offense. David Lynch scored 2 three pointers in the first half, as well as contributed heavily to his team's de-

Troy Canalin also contributed heavily to Team A's offense, scoring six points for his team and brining the score to 20-24 at the end of the first half with Team B in the lead.

In the beginning of the second half, both teams seemed determined to gain some ground.

Seregan continued to lead Team B in the second half with multiple assists, along with continuing assistance from Sikorski and Brandon Andrade.

The score was tied up right up until the last few minutes of the game. Lynch and Canalin continued to play strong and lead their team in the second half. With only minutes left on the clock, Lynch scored a game changing three pointer that turned the tables, putting Team B in the lead.

After the devastating three pointer, team A had to work hard to take the game. They managed to get one more two pointer in, however Team B scored two foul shots, wrapping up the game at 38-40 team B.

"We both played really well, it was a real up and down game," said David Lynch, Team B captain. "At first we couldn't get our rhythm, or get the offense and defense working together. Once we got that I think it allowed us to win the game."



Troy Canalin, Team A, jumps up for a shot as Jason Sikorski, Team B, tries to block him. (Photo by Airman 1st Class George Cloutier)

Major selectees

Congratulations to the following captains who were selected for promotion to major:

Wiley Barnes

13th Intelligence Squadron

James Blackman

9th Maintenance Squadron

Amanda Brandt

12th Reconnaissance Squadron

Jeanne Brasseur 13th IS

Jason Eichhorst

9th Communications Squadron

William Evans, Jr.

99th Reconnaissance Squadron

> **Karl Frederick** 99th RS

Chad Harris

48th Intelligence Squadron

Colby Kuhns 99th RS

Suzanna Moore

1st Reconnaissance Squadron

Brian Mulloy

1st RS

Steven Osborne

7th Space Warning Squadron

Jeremy Potvin

9th Operations Group

Dina Quantico

9th Mission Support Squadron

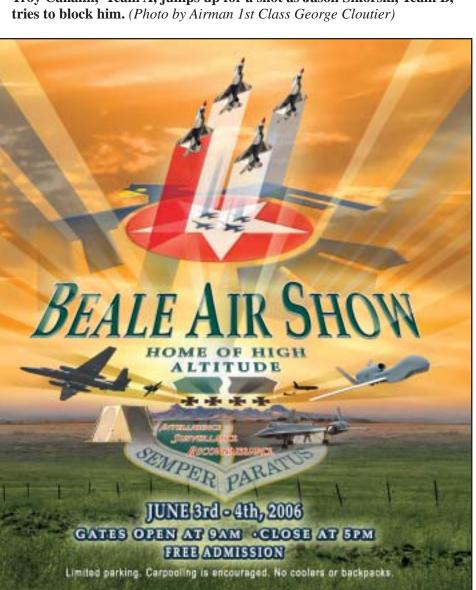
Vince Shelton

9th Services Squadron

Eric Shontz 1st RS

Michael Sovitsky

99th RS



Sheppard detachment trains Beale Airmen

By Airman Robert Biermann 9th RW Public Affairs

All Airmen must go through some kind of training while they are in the Air Force, whether it is basic training or technical school, however, some career fields require additional training.

For Beale Airmen performing maintenance on the U-2 and Global Hawk, the 373rd Training Squadron, Field Training Detachment 15 takes on the specific mission of training Airmen on three separate airframes.

"We utilize our resources to provide state-of-the-art training and technical assistance to the 9th Reconnaissance Wing in support of their highly demanding global mission," said Master Sgt. Jeff Matthews, Det. 15 Chief. "We assist our host with a myriad of skills including launch and recovery of the aircraft, troubleshooting the aircraft and equipment, assisting in phase inspections, performing pre-flight and post-flights and developing training sessions to meet Beale's demands."

Det. 15, which falls under its parent unit at Sheppard, directly supports the 9th RW by providing aircraft maintenancerelated training across numerous career fields and three different airframes. "We offer a variety of training sessions, troubleshooting expertise and technical advice upon request - anytime, anyplace," Sergeant Matthews said. "We are also taking a lead role in the RQ-4 Global Hawk program. Our instructors are currently being trained and will develop and teach the only RQ-4 training of its kind in the world."

Det. 15 is also the only U-2 training detachment in the world and has been instrumental in the development of curriculum for the various U-2 modification programs.

The instructors must work hand-inhand with flightline personnel, contractors and engineers to ensure the most accurate and up-to-date information is available for use.

"All of our Airmen learn aircraft fundamentals at technical school but get specialized training here to maintain the U-2," said Tech. Sgt. Stan Harper, Det. 15 avionics instructor. "We ready Airmen, NCOs and officers to accomplish the Beale-specific mission."

The instructors teach 12 courses and graduate over 300 students each year.

"Our courses include U-2 avionics, U-2 maintenance conversion, U-2 engine operator, U-2 data link, U-2 maintenance apprentice, U-2 communication and navi-

gation, U-2 engine basics, U-2 engine borescope, U-2 electrical and environmental, T-38 egress system and the U-2 maintenance officer course," said Tech. Sgt. Ron Locklear, Det. 15 Global Hawk Instructor.

The first ever Global Hawk class is currently being developed and is scheduled to begin in early May.

"I'm very excited, privileged and honored to be a part of the Global Hawk program here," said Tech. Sgt. Billy Phillips, Det. 15 U-2 and Global Hawk instructor. "I have a great opportunity to teach people who may very well be working alongside me some day, so I must make sure I'm teaching them right."

Over the last few years the detachment has received over \$83,000 from Air Education and Training Command and the 9th Maintenance Group which was used to improve their technical capabilities with 12 interactive white boards, 17 projectors and two Sympodiums.

"Our teaching capabilities have been greatly enhanced over the years," Sergeant Matthews said. "Our new Smartboards allow instructors to interact with the students better. These boards are much more advanced than any white board or projector. A computer screen is projected on the board which has 'touch

screen' capabilities. We also have the same capabilities with our Sympodium, which is an average sized computer monitor with 'touch screen' capabilities also."

To become an instructor, NCOs must meet all the basic requirements, some of which include having a minimum grade of staff sergeant or staff sergeant select, less than 17 years enlisted and being within 12 semester hours of their Community College of the Air Force degree.

"We do our job very well, Sergeant Matthews said. "Especially with today's high ops tempo, our instructors are essential in graduates meeting time on target goals. If we don't do our job right, the aircraft do not fly. So, we strive to do it right, every time."

Instructors must also attend a sixweek basic instructor course teaching them how to teach.

"We are always on the look out for better ways to improve our services for our customers," Sergeant Matthews said. "As innovation in technology expands, so must our knowledge of these systems and our ability to teach them."

"All of our instructors assist in the mission and will continue to be essential factors as long as there are still U-2's, T-38's and Global Hawks to be flown," Sergeant Matthews said.







(Far left) Airman 1st Class Cody Blissit, Detachment 15 student, marshals a U-2 before its launch. (Above) Staff Sgt. Robert Arp, Aerospace Propulsion instructor, teaches Staff Sgt. Kevin Warmington, Det. 15 student, about the U-2 engine.

(Left) Airman Basic Camen Diener, Det 15 student, gathers an oil sample from a U-2 after its recovery. (Photos by Airman Robert Biermann)

Enter Beale's funny photo caption contest!

Be a featured caption writer for this week's photo. The author whose caption receives the most laughs from the judges will have their caption published in next week's High Flyer. Here's how to enter:

Write an imaginative, hu-I morous, appropriate caption for the featured photo.

2E-mail entries to high.flyer@beale.af.mil or fax entries to 634-8895 by noon Tuesday.

To be eligible, you must in-Oclude the photo number of the contest on your entry. Also, please include your name and commercial phone number.

Contest winners are announced weekly.

All entries become property of the High Flyer.



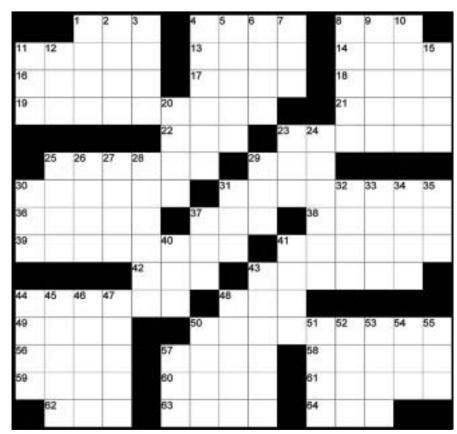
Last week's winner: "Sorry, sir, all out of canopies. A little dab will do ya just fine. This should cut down on the wind sheer a bit." (Staff Sgt. Donny Johnson, 13th IS)



Photo 10

E-mail submissions to

high.flyer@beale.af.mil



Base Locator

By Capt Tony Wickman 71 Flying Training Wing Public

Affairs

ACROSS

- 1. Congeal
- 4. Sore
- 8. USAF inspection
- 11. Plentiful
- 13. ACC base
- 14. Jump
- 16. ACC base
- 17. Auction
- 18. Sea bird
- 19. PACAF base
- 21. Backgammon need
- 22. Taxing org.
- 23. Hidden
- 25. Swimming in water
- 29. Gun lobby
- 30. Nuts
- 31. AETC base
- 36. Trade union
- 37. Score for 30 DOWN
- 38. Chairs
- 39. PACAF base
- 41. More flimsy
 - 42. Hearing tool

- 43. Humpbacks
- 44. CENTCOM base
- 48. Greek letter
- 49. Cosmetic ingredient
- 50. AMC base
- 56. Celebrity
- 57. AFMC base
- 58. Ages
- 59. Hoop type
- 60. Weaponry
- 61. Poison
- 62. Mil. ID
- 63. Bother
- 64. Actors Harris and O'Neal

DOWN

- 1. Useless e-mail
- 2. Fashion magazine
- 3. Young kid
- 4. Agree in kind
- 5. Burns
- 6. 50 percent
- 7. Ram's mate
- 8. Toboggans
- 9. Eagle's nest 10. AETC base
- 11. "Honest" president
- 12. Singer Torme
- 15. Hammer part
- 20. Hubbubs
- 23. Web address 24. Upset stomach

- 25. ... acht, _ __, zehn ...
- 26. Caustic material
- 27. Story
- 28. Singer Bocelli
- 29. Neither's partner
- 30. Tiger's org.
- 31. Discard
- 32. Dinner
- 33. Cook
- 34. SW Indians
- 35. Former Soviet country
- 37. Each
- 40. The Right Stuff actor Shepard
- 41. Buzzing sound
- 43. Albeit
- 44. Gala
- 45. AETC base
- 46. Scores
- 47. Aired again
- 48. Soothes
- 50. Terminate
- 51. Abyss
- 52. Pay attention
- 53. Charged particles
- 54. Mil. officer assigned to another staff
- 55. USAF medal
- 57. Nickname of only Gener-
- al of the Air Force

- Answers to last week, Page 18





Personal Trainer will help motivate you with fitness goals

The Harris Fitness Center offers a wide variety of Fitness and Aerobics Programs. Among those programs is the free use of a Personal Trainer. A Personal Trainer can help steer clients in the right direction in a number of ways. You can choose from a basic introductory course, work out plans utilizing specialized and hammer strength equipment, free weight training, cardio training, all the way to proper lifting, stretching and breathing techniques. Everyone needs help sometime and getting professional assistance is as easy as dialing the Fitness Center at 634-2258 to schedule you an appointment and a personal trainer will be

appointed to you free of charge.

Research studies have shown that assistance from fitness professionals greatly improves people's success rate. If you're new to exercising, it's a good idea to hire a personal trainer to help you set the routines. A few sessions can get you going on the right track and the trainer can help you set realistic goals. They can teach you the correct form so that you get the most out of the exercises without

injuring yourself. A personal trainer will help motivate you and insure your workouts are appropriate to your age and fitness level.

If you are ready to lose weight, tone up and get in shape then call the Harris Fitness Center for an appointment today.



Recce Idola If **so**. . .

come to the Pub March 9 & 16 at 6:00pm to compete in the

Recce Idol

Singing Competition

Cash prizes to top 3 winners!

For more details call ··· 634-4948 ···

TICKETS AVAILABLE! CALL 634-4882 FOR DETAILS

OAC / ITT





Friday, March 17th • 6:00pm – 1:30am • \$10 transportation only

SIGN UP DEADLINE 3/16 • 21 years or older Enjoy an evening in Downtown or Old Sacramento while visiting the many restaurants, saloons, clubs and specialty shops. Stroll down Old Town's riverfront promenade and wooden sidewalks or meander over to the upscale Downtown Plaza area for a bit of glitzy city nightlife. Be sure and check out the State Capitol, Laughs Unlimited, Joe's Crab Shack, Fanny Ann's Saloon, River City Brewing Co, Pyramid Brewing Co, the Crest Theatre, and many more venues are available to fill an evening full of fun. Gather a group of your friends and let OAC be your designated driver.

Napa Valley Wine Tour

Saturday, March 18th • 7:30am - 8:30pm • \$28 SIGN UP DEADLINE 3/15 • 21 years or older

At the beautiful V. Sattui Winery you will taste up to seven award-winning wines in the Tasting Room. Purchase an early lunch at the award winning deli and partake of the sights and sounds of Napa Valley while sitting on the picnic tables beneath the shade trees. The next stop is the magnificent Merryvale Winery. Sample Merryvale's award-winning wines 'thieved' from the barrel. A bona fide wine country experience, these informal tastings take place in their working barrel cellar. Our last stop will be Sutter Home where you will taste 2 to 4 wines while you converse with your new friends.

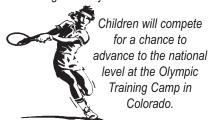
Snow Play & Sledding Day

Saturday, March 18th • 8:00am - 5:00pm • \$10 SIGN UP DEADLINE 3/16 • Open to all ages

Join OAC for a day of sledding and playing in the snow. OAC will supply the sleds, saucers, hot cocoa, and chili dogs for lunch. Bring the kids and enjoy a round snowball flights, build a snowman, or create your own concoction of fun in the snow. Ski attire and additional equipment (x-country skis, snowshoes, etc.) are available for rent at a discounted price in conjunction with this trip at OAC. Must pick up rentals after 1:00 p.m., Friday for special 1-day rental price.

JUNIOR OLYMPICS Tennis Skills Competition March 16th at 5:00pm

Ages 8-13 years • FREE



March 24th • 6:30-9:30pm

Wear the craziest socks you have and dance to kiddie bop music!

\$5 members • \$7 non-members For ages 5-8 years

Youth Center 634-4953

OUTDOOR ADVENTURE CENTER · 634-2054





www.bealeservices.com

Auto Hobby Shop extends their hours

Due to the feedback recently received from customers, the Auto **Hobby Shop** is extending their hours. For your convenience, on Tuesdays, Wednesdays and Thursdays, their

doors will open from 9:00am-9:00pm, and on Sundays from 9:00am-5:00pm. This allows customers a greater opportunity to make those necessary repairs to their automobile.

You don't have to be a mechanic to save big money on auto repairs. Shop's trained staff will show you how!

maintenance in one of 15 covered stalls and check your work using the center's extensive show manuals. They also have trouble-shooting videos available for customer use. and two on-site mechanics for assistance or for hire. The Auto Hobby

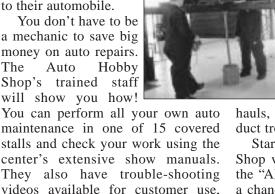
Shop offers customers a place to work on their automobiles to perform necessary maintenance such as oil changes, vehicle lubrication, battery changes, and to rebuilding engines.

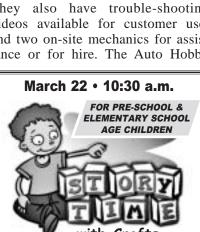
> They sell all brands of automotive parts and accessories for domestic and import vehicles, including hard-to-find

The Auto Hobby Shop has professional mechanics that can perform engine analysis, coolant system flush, brake system flush, front end alignments, complete engine over-

hauls, auto paint or repair and conduct trouble-shooting classes.

Starting April 15th the Auto Hobby Shop will introduce a new program, the "All-Nighter". This will give you a chance to work on those really big projects. For more information call the Auto Hobby Shop at 634-2296.





A craft will be included & library items can be checked out by participants.

Hub Zemke Library 634-2314



Would you like to get in contact with other people with the same interest?

Contact the Community Center and we will help you out!

634-3140

Don't miss out on this!

March 10th at 5:00pm BBQ Chicken • Ribs • Tri Tip

51 Members Only! - Receive member discount by joining

RECCE POINT CLUB · 634-4948



After School FitFactor! Monday - Friday 3:30-4:30 p.m.

All Ages • FREE • Youth Center

Participate in sports, fitness challenges, and games and earn "Buff Bucks" to be redeemed for major prizes.

WANTED! Instructor

The Harris Fitness Center is looking for an energetic, certified aerobics instructor. Must have a current CPR Certificate.

Call 634-2258 for details.

What's happening on Saint Patrick's Day?

Corned Beef & Cabbage Lunch Special

Group reservations encouraged!

Reserve by March 15 • No chili this day!

rod & gun club · 788-2473



St. Patty's Party

Starting at 6:00pm Green Beer • Traditional Irish Buffet FREE for members • \$5 non-members

coyote pub & grill · 634-4948

St. Patrick's Day Bowling Deals

\$6.50 Ditchers Corned Beef and Cabbage of Beer

Shoe Rentals

10:00am-7:00pm

GREEN COSMIC BOWLING

SO Per Hour **Per Lane** 7:00pm-Midnight

beale lanes • 634-2299

St. Patrick's Day Dance

6:30-9:30pm

\$3 for members • \$5 non-members

Tweens will enjoy a night of dancing & fun!

youth center · 634-4953